



The Fat Panel
1st Floor
1 Chelsea Manor Gardens
London SW3 5PN
T: 020 7808 9818
E: info@thefatpanel.org.uk

Fat Panel member receives Queen's award

The Fat Panel congratulates our very own Dr Chris Steele on being awarded an MBE in the Queen's New Years Honours List. Dr Chris was awarded the accolade in recognition of his many years' service in the fields of General Medical Practice and in broadcasting.

Dr Chris says : "I am delighted and honoured to receive this award and I thank Her Majesty for recognising my contribution over the years. It has been my passion to help and inform as many people as possible about health matters, and my position on the ITV This Morning show has been an ideal platform for this."

Dr Chris was also voted Health Journalist of the Year for 2007.